

## **2000 SEVENTEENTH PROFESSIONAL SEMINAR AUDIO PRESENTATIONS**

Many of the presentations given at this seminar were preserved as audio files. To listen to these recordings, click on the links in the *Details* section below.

### **2000 Professional Seminar Keynote Address: The Light of Consciousness (Peter Russell)**

Keynote speaker, Peter Russell, MA, DCS explained that consciousness is as fundamental as space, time, and matter and that its evolution must outpace technological change if humanity is to reap the rewards, rather than the perils, of the twenty-first century.

### **2000 Professional Seminar: Beyond Focus 27-Wellsprings of Creativity (Richard Werling & Susan Taylor)**

Richard Werling, MS, DPA, and Susan Taylor, MA, have both attended Institute graduate programs that access Focus 27 and beyond. Their joint presentation shared the practical results of adventuring in the “outer limits”—for Dick, augmentation of his work as a healer; for Susan, an explosion of creativity as an artist and art teacher.

### **2000 Professional Seminar: Diamonds in the Rough (Peter Spiro)**

Peter Spiro, BA, MFA, riveted the audience with hard-hitting, dramatic selections from his original poetry as he told of using Hemi-Sync to help troubled youngsters in a New York City alternative high school program awaken to a new curriculum of self-identification and love.

### **2000 Professional Seminar: Hemi-Sync® in My Psychiatric Practice (Jonathan Holt)**

Jonathan H. Holt, MD, shared the sometimes-dramatic results of employing Hemi-Sync with surgical and substance-abuse cases and in a hospice setting in the course of his work as a consultation-liaison (medical) psychiatrist.

### **2000 Professional Seminar: Introductory Comments (Laurie Monroe)**

### **2000 Professional Seminar: Neurological Adaptation to Binaural Beating (Skip Atwater)**

A controlled study of neurological adaptation to binaural beating by TMI Research Director F. Holmes “Skip” Atwater, BS, showed statistically significant EEG evidence of Hemi-Sync’s effect on cortical arousal. A paper based on this study has been submitted for publication.

**2000 Professional Seminar: Shamanism and Hemi-Sync® in the Medical Encounter (Cecile A. Carson)**

Cecile A. Carson, MD, presented an enthralling account of how she has interwoven conventional medicine, shamanism, Hemi-Sync, and other modalities to offer her patients the best options for health and healing.

**2000 Professional Seminar: Synchrotherapy and Hemi-Sync® (Dominique De Backer)**

Mme Dominique De Backer spoke on her Synchrotherapy® method, related discoveries in brain-mind research, and using Hemi-Sync to spark breakthroughs for patients with terminal diagnoses.

**2000 Professional Seminar: Using Binaural Beats to Affect Insomnia (Ed & Mary O'Malley)**

Co-investigators Edward O'Malley, PhD, and Mary B. O'Malley, MD, PhD, carefully defined the terrain of sleep disorders as a preface to a progress report on their double-blind study using binaural beats to affect insomnia, now underway at the Norwalk Sleep Disorders Center.

**2000 Professional Seminar: Validating Alternative Therapies: ADD-ADHD Study Designs (Martha Lappin)**

Anecdotal reporting has consistently indicated that Hemi-Sync is a valuable intervention for attention disorders. Martha S. Lappin, PhD, reviewed research designs for evaluating alternative therapies with emphasis on adapting them to demonstrate Hemi-Sync's impact on ADD/ADHD.